

FACTORS AFFECTING SEX DRIVE IN TEENAGERS

Hormonal Imbalances

Hormonal imbalance can decrease sex drive by affecting physical changes in puberty

Psychological Factors

Teenage brings complex psychological changes, including stress, anxiety, and low self-esteem,

Body Image Concerns:

Teen physical changes impact confidence, bullying can lower sex drive.



Medications and substance abuse can lower sex drive in teenagers.

Lifestyle Factors:

Stress, poor sleep, and inactivity can diminish sexual desire by disrupting hormones.



Couple Stress

